

# IDPH FLEX Grant


Community Memorial Hospital

Sumner, Iowa

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# Ojectives:

1. To discuss the work CMH has done using the FLEX Grant to reduce readmissions.
2. To discuss how the IDPH FLEX Grant helped to reduce readmission at Community Memorial Hospital



Community Memorial Hospital is a CAH affiliate of UnityPoint Allen Hospital. Another CAH in the network is Grundy County Memorial Hospital. CMH and GCMH were the recipients of the IDPH FLEX Grant with Unitypoint Allen acting as the administrator. The grant term began in April 2012 and ends August 2015.

# CMH's Focus for the Grant

- The need to better educate the patients we serve in order to prevent avoidable readmissions.
- Creating smoother transitions for our patients as they navigate from one level of care to the next.

# Items for April 1, 2012- August 31, 2012

- Milner Fenwick – 27 Volume Patient Education DVDs
- The Patient Channel – Rental Fee for The Patient Channel from January 1, 2013 through December 31, 2013
- The Sumner Public Library – Rental Fee for their Meeting Room



# Items for September 1, 2012 – August 31, 2013

- InterACTIVATION Health Networks – Rental Fee for “The Patient Channel” from January 1, 2014 through December 31, 2015
- Milner Fenwick – DVDs X3: Introduction to Heart Disease Risk Factors-2<sup>nd</sup> Edition; High Cholesterol: An Introduction to Treatment – 2<sup>nd</sup> Edition; Breathing Training and Pulmonary Illness
- The Sumner Public Library – Rental Fee for their Meeting Room in 2013

# Items for September 1, 2013 – August 31, 2014

- “Foundations for Diabetes Educators” class: Registration Fee
- “My Meal Plan” and “Diabetes and You” booklets from My UnityPoint
- “Calorie King” books by Family Health Publishers
- Glucose Wands and Sphere for Insulin Resistance
- Food Models and Alcohol Kit
  
- Patient Education videos by Milner Fenwick X5
- Patient Journals by Kerns Company
  
- IPOST Forms; 100 forms
  
- CHIME Maps from the Iowa Hospital Association

# Plans for Sept 2014 – August 2015 include:

- Hand sanitizers for patient gift bags.
- Water glasses with lids to promote hydration.
- Chlorahexadine wipes for surgical patient use prior to surgery.
- Educational booklets on surgical procedures.
- Note pad and pens for questions.



# Press Ganey Question...

## “5” is the best score.

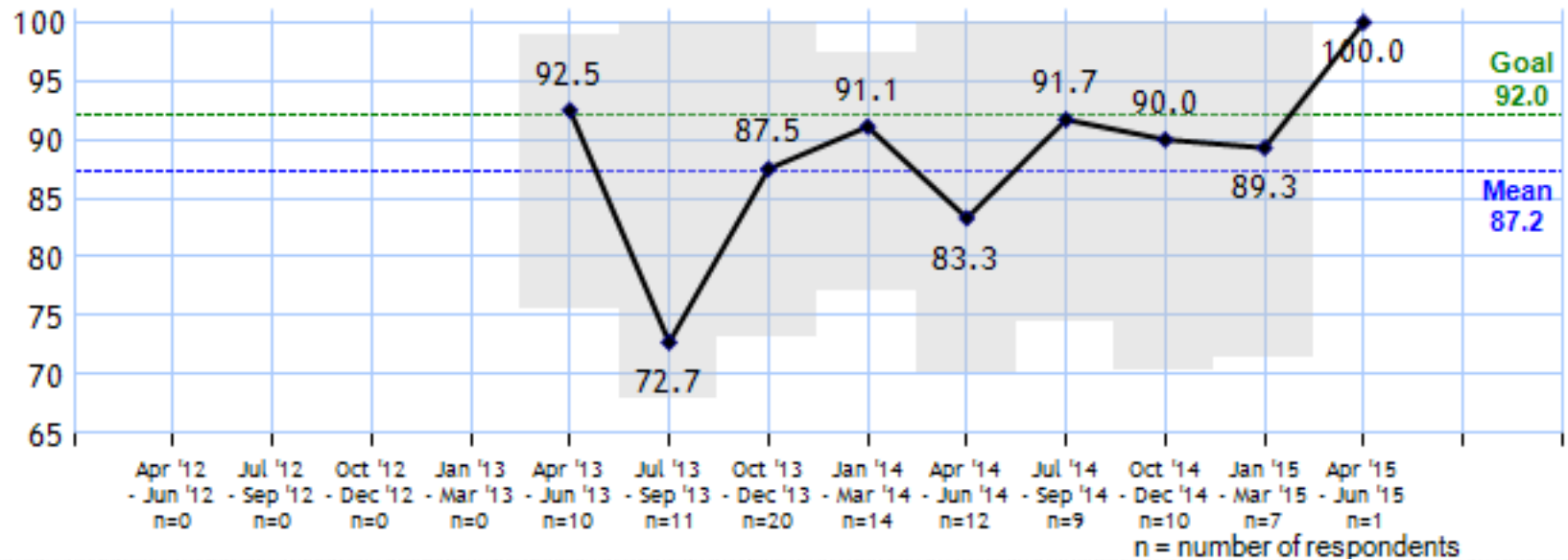
“Degree to which The Patient Channel helped me to understand how to better my health.”

## Mean Trends

## Inpatient

Community Memorial Hospital

Question - Patient Channel helped better hlth



Community Memorial Hospital

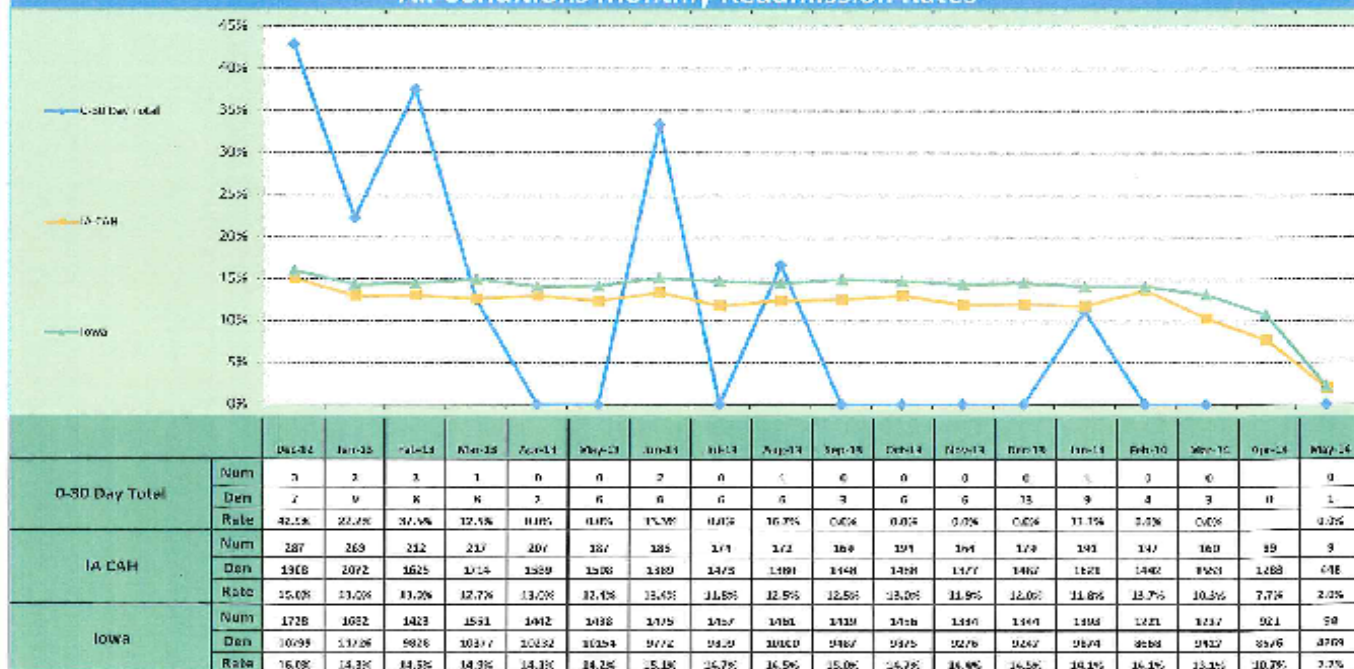


# Did we reduce readmissions?



COMMUNITY MEMORIAL HOSPITAL MEDICAL CENTER (161320), SUMNER, IA

## All Conditions Monthly Readmission Rates



Blank fields are for service readmission data.

'Send' or 'DIP' signifies whether the readmission was to the same or a different hospital.  
Data processing is not yet completed for the most recent three months.

# Conclusion

Community Memorial  
Hospital has reduced  
readmissions by  
participating in the IDPH  
FLEX Grant program.